



## MYE Intern Program - Equipment List

[www.myeconnect.org](http://www.myeconnect.org)

Being an intern at MYE requires you have clothing and equipment for the outdoor program, the role you have as MYE support staff and also casual comfortable clothing for your down time. We do not expect you to own high tech outdoor clothing or equipment and are happy to lend this to you while you are on the program. There is an equipment list below which will guide you on this. Please keep in mind using your own equipment and clothing, if you have it, is a good choice – you will become comfortable with it and learn its strengths and limitations.

### **Note**

***Some of the work you will be doing in your support role may create wear and tear on your clothing. We recommend you bring a set 'old' clothes with you for this work, things that you don't mind getting dirty or splattering a bit of paint on.....***

Think of what you would like to have at MYE to make your life more comfortable and to enable you to be at home here. You do not have the same restrictions as you did as an MYE participant and can bring electronic devices with you. Be aware that you are responsible for the security of anything you bring. As an MYE staff member a watch is considered a basic piece of equipment, so please do not arrive in Montana without one, having it will ensure you don't have to rely on anyone else to fulfill your professional obligations.

As you know we are a long way from stores, and cannot guarantee when you can shop for necessities (or luxuries). Keep this in mind when you are packing.

Please also bring any of the equipment you received during any of your previous MYE courses – hiking boots, drink bottles, bandanas, day packs, drinking systems etc

***Please note, that although you can have electronic devices like ipods with you on site, you will be expected to leave them home (at basecamp) when you go on field trips and expeditions.***



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## Montana Yellowstone Expeditions Intern Packing List

In addition to the items mentioned above the following packing list is a good guideline for the minimum equipment/clothing you will need as an MYE team member.

### Bring to MYE

*You must bring these items with you, unless they are listed as being optional.*

- Camp shoes** - Lightweight athletic / running shoes.
- Hiking boots** from your first MYE course if you have them and they fit you.
- River shoes** - Any pair of shoes that you don't mind getting wet and permanently dirty. They must have a sturdy sole and attach securely to your foot. Old sneakers, Tevas and Chacos are great; flip-flops don't work for river shoes.
- 2 pairs of cotton socks** - These are for use at Basecamp.
- At least 2 pairs of comfortable pants (with lightweight belt if needed)** - Bring jeans (or your favorite type of pants) and one pair of lightweight pants minimum. For participation on the river program, lightweight, loose cotton pants are best. They will protect you from the sun and bugs without being uncomfortably hot.
- At least 2 pairs of shorts** - Bring shorts you can hike in and casual shorts for around basecamp. Nylon works well for outdoor use, because it is light and dries quickly.
- 5 to 7 pairs of underwear.**
- 4 T-shirts** - You will also receive one complimentary MYE T-shirt.
- 2 casual upper body layers** (e.g. long-sleeve t-shirt, sweatshirt) for travel or Basecamp use.
- Swimsuit.**
- Work shirt** - A light colored, light-weight, long-sleeved shirt is preferable. It will get dirty.
- Extra eyeglasses and/or contact lenses** – If you have contacts or glasses please bring a spare set in case of loss or damage.
- Bath or beach towel** – for swimming and showering.



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- Laundry bag** – Something to keep your dirty clothes separate from clean ones between laundry days.
- Toiletries** - Bring your own if you have a brand you prefer and a brush and/or comb. MYE will provide body wash, shampoo and conditioner.
- Washcloth**
- Watch, with alarm** – (compulsory equipment for an intern)
- Day Pack (HIGHLY recommended)**
- A good book (or two or three)** - (optional)
- Musical instrument** - (optional)
- Camera and Film** – (optional)
- Extra camera batteries** - (optional)

**NB We recommend you label all personal clothing and gear with your name.**

**The following items can be provided for your use while you are at MYE, but if you have them please bring them along, it is much better to use your own gear if you have it.**

Backpack  
Sleeping bag  
Sleeping pad  
Rain jacket & pants  
3 Insulating upper body layers (vest, pullover, jacket)  
Fleece pants  
Thermal underwear top & bottom  
3 pairs of wool socks  
3 pairs of liner socks  
Warm gloves  
Warm hat  
Headlamp  
Gaiters  
Mosquito net, shirt & insect repellent  
Hiking Boots